



Dental Recommendations During Pregnancy

There are no restrictions to routine dental hygiene during pregnancy.

The following recommendations can be used to modify dental cleaning or procedures.

- If x-rays are needed, use lead apron shielding of the abdomen.
- Local anesthetics like lidocaine can be used, avoid epinephrine.
- Avoid the use of propofol or nitrous oxide outside of the hospital/L+D setting.
- If antibiotics are needed, azithromycin, amoxicillin, Augmentin and Keflex are commonly used in pregnancy. There are additional antibiotics that are considered safe.
- If pain medications are needed, acetaminophen is considered safe throughout pregnancy. Narcotic medications (Norco, oxycodone etc) can be used in limited quantities and with counseling of neonatal withdrawal. Avoid codeine in breast feeding women.

With additional questions or concerns, please contact the office 517-484-3000.