



Alliance OB GYN - Patient Instruction Sheet for Ovidrel

What is Ovidrel? Ovidrel belongs in a family of hormones known as gonadotropins, which are involved in the normal control of reproduction. People who have received medications such as Clomid or Femara are given Ovidrel in order to mature the follicles present in the ovary. Ovidrel also helps to trigger the release of the egg (ovulation) after taking Clomid or Femara.

What do I do now that I have gotten the Ovidrel injection? You should plan to have intercourse for 3 consecutive days following the injection, starting the day after or at least 12-24 hours after the injection.

How is Ovidrel given? Ovidrel is given as an injection under the skin-usually in your lower abdomen. This is typically given while you are in the office, but depending on the size of your follicles you may be instructed to give yourself the injection or to have your partner do it in the following 1-2 days.

What are the side effects of Ovidrel?

- Injection site soreness/redness
- Nausea/vomiting
- Headache
- Tiredness
- Rash

When can I take a pregnancy test? Taking Ovidrel can lead to false positive urine pregnancy test. Wait to take a pregnancy test until you are on cycle day #35 and have missed a period.

The main risk of therapy is the development of ovarian hyperstimulation syndrome and conceiving multiples. You should contact the office immediately if you experience severe abdominal pain.

Step by step Ovidrel injection instructions (if you need to administer yourself):

1. Wash your hands well.
2. Locate your injection site (lower abdomen or front of thigh). Do not inject in any area that feels lumpy, firm or where you have any skin discoloration.
3. Remove your pre-filled syringe from the package and prep as shown in the package insert.
4. Clean the skin at the site with rubbing alcohol; use a scrubbing motion for 30 seconds.
5. Gently pinch the skin together at the site and use a dart like motion to insert the needle at a 90-degree angle. Insert needle all the way into the skin.
6. Push gently on the plunger to inject all the medication. Take as much time as you need to do this.
7. Withdraw the needle straight out and hold gentle pressure over injection site for approximately 30 seconds.
8. Use a band-aid to cover the site if needed.
9. Dispose of needle as instructed.